

Per serving:

Calories: 117

Fat: 11 g

Saturated Fat: 1 g

% Calories From Fat: 79%

Cholesterol: 0 mg

Protein: 3 g

Carbohydrate: 4 g

Sugar: 1 g

Fiber: 1 g

Sodium: 277 mg

Calcium: 15 mg

Iron: 1 mg

Vitamin C: 2 mg

Beta-Carotene: 13 mcg

Vitamin E: 5 mg