



*Per serving:*

**Calories:** 117

**Fat:** 11 g

**Saturated Fat:** 1 g

**% Calories From Fat:** 79%

**Cholesterol:** 0 mg

**Protein:** 3 g

**Carbohydrate:** 4 g

**Sugar:** 1 g

**Fiber:** 1 g

**Sodium:** 277 mg

**Calcium:** 15 mg

**Iron:** 1 mg

**Vitamin C:** 2 mg

**Beta-Carotene:** 13 mcg

**Vitamin E:** 5 mg