

# Pickled Red Onion and Cabbage

## About the Recipe

**Calories · Protein · Fiber**  
**Sauce/Dressing/Topping**

## Ingredients

***Makes 24 Servings***

- 1/2 (7 ounces/211 grams) red onion, thinly sliced
- 5 ounces/55 grams red cabbage, shredded
- 1 cup (8 ounces) water
- 1 cup (8 ounces) apple cider vinegar
- 1/2 cup (4 ounces) maple syrup

## Directions

1. Add everything to a quart container and shake the container to mix everything. Let sit for at least 2 hours or overnight. Drain from liquid just before service.